

Chilli by Jake

ingredients

Mince

Sweetcorn

Onion

Tomato

Kidney beans

mushroom

Courgette

Can of chopped tomatoes

tomato sauce

chilli packet

rice

Method

1) Chop the Onion, fry it in the frying pan.

2) Meanwhile chop the mushrooms and the courgette

- 3) Then add the chopped courgette and the chopped mushrooms to the onion in the pan.
- 4) Let it cook for a couple of minutes then add the mince.
- 5) As the mince is cooking prepare chili packet by adding 150ml of water in a jug.
- 6) Pour chili mix, chopped tomatoes and tomato^s tomato puree into the pan and stir.
- 7) Add sweetcorn and kidney beans and stir again.
- 8) Finally add the tomatoes, which have been chopped into quarters, and season with salt and pepper.

