

PSHE Curriculum Overview

	British Value: Democracy	British Value: Respect	British Value: Resilience	British Value: Rule of Law	British Value: Tolerance	British Value: Individual Liberty
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What helps us grow and stay healthy?	What helps us to stay safe?	What jobs do people do?	How do we recognise our feelings?
Year 3	Why should we eat well and look after our teeth?	What makes a community?	What are families like?	What keeps us safe?	How can we be a good friend?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How can our choices make a difference to others and the environment?	How can we manage our feelings?	How can we help in an accident or emergency?	How do we treat each other with respect?	How can we manage risk in different places?
Year 5	What jobs would we like?	What makes up a person's identity?	What decisions can people make with money?	How can friends communicate safely?	How can drugs common to everyday life affect health?	How will we grow and change?
Year 6	How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?		How can we keep healthy as we grow?	

Health and Wellbeing
Relationships
Living in the wider world