

Shiremoor Primary School

KS2 Physical Education Curriculum Overview



Personal best

Leadership

Creativity

Tactics

Attacking & Defending

Sending & Receiving

Striking & Fielding

Throwing & Catching

Agility, Balance & Coordination



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1 (2 outdoor)	Summer 2 (2 outdoor)
3	<u>Gymnastics</u> Multi Skills	<u>Gymnastics</u> Tag Rugby	Dance Tag Rugby	OAA/teambuilding <u>Football</u>	Athletics—running <u>Football</u>	Athletics -jumping Rounders (Kick ball)
4	<u>Gymnastics</u> Multi Skills	<u>Gymnastics</u> <u>Quiksticks</u>	Dance Quickstiks (festival)	<u>Skipping (festival)</u> <u>Tennis</u>	Basketball <u>Tennis</u>	Athletics –running Rounders (tennis racket)
5	<u>Gymnastics</u> Basketball	Gymnastics Basketball <i>*Swimming for 4 weeks*</i>		Dance <u>Football</u>	Health & Fitness Football	Athletics—throwing/ jumping Kwik Cricket
6	<u>Gymnastics</u> Netball	OAA/teambuilding Netball	Health & Fitness Tag Rugby	Dance Tag Rugby	Dodgeball Kwik Cricket	Athletics—running/ jumping