

Spaghetti Bolognese

Ingredients

- one green pepper
- two red onions
- two carrots
- tin of tomatoes
- tin of sweetcorn
- 1 tablespoon of tomato puree
- an tablespoon of garlic puree
- 500 gram of beef mince
- beef stock
- $\frac{1}{2}$ a heaspoon of dried herbs
- 1 tablespoon of veg oil
- 12 mushrooms
- salt + pepper
- a pinch of rosemary

method

1. fried the onions, pepper and carrots
- 1 as added the mince to the pan and gently fry. add rosemary, herbs and tomato puree & garlic puree add all other veg ingredient. & season with salt + pepper. simmer gently till cooked. serve with spaghetti

yum
yum

