

Chicken stir fry

Ingredients:

- 9 mushrooms
- 2 red onions
- 1 red pepper
- 1 yellow pepper
- small tin of sweet corn
- 500g of chicken (diced)
- 300g of noodles
- 1 pack of sweet and sour sauce

Method:

- 1) Cut vegetables into small pieces.
- 2) Fry chicken and onions for 5 mins.
- 3) Add the rest of the veggies into the pan and stir for a further 5 mins.
- 4) Now add the ~~noodle~~ noodles and continue stirring until you are satisfied.
- 5) Now you can enjoy your stir fry.

